

SSB - WEEK 5

How do you think the spirit operates?

Remember your spirit before being made a new creation was dead. You received a brand new spirit at the point of being born again. A “new creation” The spirit (pneuma) is the part where we have spiritual discernment, peace, revelation and relationship with God, and where ministry flows from.

Our spirit is the home of Holy Spirit. 1 Corinthians 6:19

It is the part that works with:

- **DISCERNMENT**

Discern between right and wrong. 1 Corinthians 2:14

- **PEACE**

The peace of God that surpasses all understanding, even in difficult times.

Romans 8:6

- **REVELATION**

Receiving insight and understanding from the Spirit of God.

Ephesians 1:17

- **COMMUNION**

Having a true relationship with God.

John 15:5

How do you start and learn to understand your own spirit?

Understanding your spirit comes by studying the truth of the Bible. **We discern** what spiritual truth is by **understanding God’s Word**; the Bible.

It is like looking into a mirror.

James 1:23-25 “Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror 24 and, after looking at himself, goes away and immediately forgets what he looks like. 25 But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.

You trust the mirror to reveal the truth to you. In the same way, you trust the Bible because it gives you a perfect picture of who you are in your spirit and soul.

You are required to make an active decision to let the Holy Spirit guide and lead your soul to become more like Jesus.

If you don’t do this, then it’s possible for this new life in your spirit to be shut off. **Your soul is the tap between your spirit and body**. You can turn off the leading of Holy Spirit or keep it turned on all the time.

Sometimes you turn off without even noticing, when your focus is more on things in the world, and you allow it dominate your mind.

This happens when you start to shift your focus from God, towards things like your work, relationships, money, etc.

When you choose to let these things dominate your life, and you worry about them, without trusting God, His word and His promises, then you are operating from the soul level. Choosing to respond from your soul will just cause the fruit of the sinful nature, which are things like anger, bitterness, depression, etc.

But responding through the spirit will bear the fruit of the Spirit; love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and, very importantly, self-control. Galatians 5:22-23

Believing God's Word and letting the Spirit guide your mind and actions in every type of situation, is God's will to you, you will experience the peace of God that will go above all understanding.

It can be difficult to understand certain spiritual truths because some of us are still young in the process of our spiritual growth. But that is where God comes in because He chooses to let us understand His truth at the right time.

Often it can be our own fault, by being "lazy Christians" and not studying the Word of God.

On the opposite end, you can study the Bible every single day, but it is the Holy Spirit, in our spirit, who reveals the truth to us while we read the Bible.

How are you making time to study God's Word and asking Holy Spirit to reveal the truth of His word?

What do you believe Holy Spirit is saying to you to change how you are reading and studying the Bible?

The process is as follows:

Born again --- Justifies --- Renew my mind ---- Knowledge and understanding of God's Word ---- Think spiritually not worldly ---- Acknowledge everything that we have in Christ --- Then live it out through faith and obedience.

KEEP ON RELYING ON THE HOLY SPIRIT AND NOT YOUR SOUL

Galatians 2:20

When you start to live like this your soul will also change and slowly become stronger through the spirit.

Galatians 5:18 "But if you are led by the Spirit, you are not under the law".

To live by the Spirit points to a continuous relationship between you and God, where the Holy Spirit continually leads you.

Some people put church life and work life separate, but you cannot do that.

When you become a real reborn Christian, you live through the new spirit and let it guide your soul. This means every single thing you do is actually spiritual. **There is no secular versus spiritual in our lives.** Your whole life has been changed, you have changed, so how can you live two or three different lives? You can't.

